

ISM BuyLine

Newsletter of ISM - Spokane, Inc.

ISM - Spokane, Inc. 808 W. Spokane Falls Blvd., Spokane, WA 99201 www.ismspokane.org



Body Language: I Don't See What You're Saying

Presented by: *Mary Redmond*

No matter how much we try to control body language, it leaks out and gives away our inner thoughts and feelings. When you accurately read body language, you'll be more successful in business or personal exchanges. For business professionals, the question is how to maximize your ability to read what others are thinking and react appropriately to both their words and their actions, no matter what their gender.

Much of your body language is a result of gender, the culture and country in which you were raised, the socialization and training you received within that culture and within your family. In the multi-cultural rich environment in which we live and work, it is critically important that each of us learn to read the body language of those with whom we work and play. You can improve your communications with everyone when you become more attuned to the body language of those around you.

Mary has spoken for the ISM's International Conference, Diversity Summit, Services Conferences, and Southwest Forum. In addition, numerous ISM and NAPM affiliates throughout the U.S. retain her to present workshops. As an international speaker and author, she frequently writes for trade publications including those for supply management professionals, facilities and operations managers, medical practice management and law firm administrators. She is a member of the National Speakers Association (NSA) and is a past-president of the NSA-Kansas City Chapter as well as one of their Member of the Year honorees. The Kansas City Business Journal and Kauffman Foundation honored her with the Women Who Mean Business Award. In October 2015, the State of Kansas Honored Mary with the Women Business Advocate of the year Award.

In Mary's personal life, she and her husband, Dwain Dewey, live in Kansas City. He is a retired real estate agent. She completed her first 5-Mile and 10K Walk in the past 7-months and is considering beginning to train for a Half-Marathon this summer. She is passionate about good coffee and jokingly says that if there is no coffee in heaven, she's not going. She also performed as an Improv Comedy actor for five years in and around the Kansas City area. This is one membership meeting you will not want to miss.

ISM-Spokane Luncheon Meeting Wednesday, May 24th, 2017

LOCATION:

Herak Club Room
Gonzaga University
801 N. Cincinnati
Spokane WA

AGENDA:

11:30am – Noon Networking & Business
Noon – 12:30 pm Lunch
12:30 – 1:15 pm Education Program

LUNCH: (\$15)

Chicken Picata
Herbed Orzo
Mixed Vegetable Medley
Mixed Green Salad w/ Thyme Vinaigrette
Artisan Rolls and Butter
Lemon Bars
Ice Tea & Water

RSVP:

Please [EMAIL](mailto:Email) Megan Self by Wednesday, May 17th.

PARKING:

Parking is available in the lot across from the Herak room using your parking pass.

UPCOMING EVENTS

May 24th – ISM One-Day Workshop

- Mary Redmond – Negotiation workshop
- Lunch presentation on Body Language and how to use it to your advantage

June 20th – Casino Night!

- Our last meeting of the 2016/17 year.
- Presentation of awards, new board members, and an educational presentation. Hosted at Northern Quest!

July & August – Summer Break!

- See you all again in September

Keeping Up to Date with ISM:

- Interested in joining the ISM Board? The following positions are up for election: Trustee (x2), Treasure, and NPEC Director. Contact [Thea Prince](#), ISM-Spokane Treasurer, if you wish to run.
- ISM-Spokane is nearing the end of our 2016/17 year. It's time to recognize your ISM peers. The following awards are now open for nomination:
 - **Bill Peacock Award** - presented annually to an active ISM-Spokane member for continuing personal commitment to the overall growth and wellbeing of the Association.
 - **Member of the Year** - an active ISM-Spokane member who has uniquely performed one or more exemplary achievements over the course of this year resulting in a major contribution to the Affiliate.
 - **Employer of the Year** – recognizes an ISM-Spokane associated business for continuing corporate commitment to the growth and well-being of the Affiliate.
 - Submit your nominations to [Russ Kenworthy](#), ISM-Spokane President, by May 1st